

A black and white photograph of draped fabric, possibly a towel or sheet, with a circular logo overlay. The fabric is draped in a way that creates deep shadows and bright highlights, emphasizing its texture. The circular logo is a solid, muted brown color and contains the text "SPA" in a large, white, serif font, with "AT CHACO" in a smaller, white, sans-serif font below it.

SPA
AT CHACO

ELEVATE YOUR HIGH DESERT EXPERIENCE

Centuries ago, Chaco Canyon was a special place where many peoples gathered to share their traditions and knowledge while surrounded by sacred mountains and mesas; the region still has deep spiritual meaning for their descendants. The Spa at Chaco honors our Indigenous roots by sharing that knowledge and offering thoughtfully curated treatments infused with functional botanicals and minerals inspired by the native herbs and plants of the high desert region. We meld these time-honored traditions with cutting-edge modalities and attentive, gracious service to bring a sophisticated, upscale, results-oriented wellness experience to our guests.

Select from an array of customized facials for both men and women as well as advanced skincare options such as microneedling or dermaplaning to deliver unmatched results. Our body treatments have been created to reflect local culture while providing extensive benefits ranging from the relief of aches and pains to cleansing and hydrating the body. Discover the healing energy of a holistic wellness journey, each of which incorporates mindfulness, body work, hydrotherapy, and clarifying rituals to address specific concerns.

**THE SPA AT CHACO IS
LIKE NO OTHER**

MASSAGE

CHACO CUSTOM MASSAGE

60 MINUTES, \$175

This customizable massage is tailored to meet your unique needs. With pressure ranging from light to firm and your choice of essential oil, it is the perfect way to relax your body and mind. Choose an indigenous scent of Desert Dew, Prickly Pear, or Turquoise Sage to immerse yourself in the high desert experience.

COUPLES MASSAGE

60 MINUTES, \$350

Share your spa experience and schedule your custom massages for two, performed side-by-side in the same room.

CHAKRA BALANCING MASSAGE

60 MINUTES, \$175

Indulge in an aromatic journey that draws you into a deeper, more profound state of relaxation. This massage uses seven luxurious oil blends infused with crystals, each attuned to a specific chakra—energy center—in the body. The individual oil blends activate and nourish the corresponding chakra, promoting physical and emotional health, reducing stress, increasing energy, and improving overall vitality.

CBD THERAPEUTIC MASSAGE

60 MINUTES, \$215

Find deep muscular relaxation and exceptional stress relief with this therapeutic massage enhanced with the benefits of CBD-infused oil. Known to alleviate pain and inflammation as well as reduce anxiety, CBD's natural properties aid in decreasing muscle fatigue and soreness, improve circulation, and ease tension. Slow, focused techniques are used to address specific areas of concern.

RESTORE HIMALAYAN SALT STONE MASSAGE

60 MINUTES, \$215

Boost your vitality, energy, and overall well-being with this restorative massage using salt stones and performed in our Himalayan Salt Wall treatment room. Himalayan salt naturally contains over 84 trace minerals and elements which can replenish and improve the natural energy flow within the body. The salt stones are heated to allow the minerals to absorb, maximizing their benefits, while the gently warmed wall emits negative ions which can have a positive effect on health, mood, and energy levels. Emerge feeling deeply relaxed and rejuvenated.

RIO GRANDE HOT STONE MASSAGE

60 MINUTES, \$195

For centuries, Indigenous Americans have honored the healing energies and curative powers of heated stones through many of their rituals and practices. Experience the wisdom of those traditions in this massage which uses naturally smoothed stones gathered directly from the Rio Grande River which are heated and placed on key points of your body to encourage deeper relaxation. Therapeutic and customized massage techniques are seamlessly integrated with the heat of the stones to address muscle tension, pain, and stiffness, leaving you in absolute bliss.

LYMPHATIC MASSAGE

60 MINUTES, \$175

Lymphatic massage gently manipulates the non-muscular surface layers of the body to stimulate circulation and encourage the movement of fluids. This technique can aid in digestion, improve the appearance of skin, and assist with the natural detoxification process which contributes to regulating the inflammatory response and immune functions. Decreases fatigue and promotes a sense of vitality and well-being.

DESERT SERENITY MASSAGE

120 MINUTES, \$360

Begin this full-body massage with an energizing scalp, neck, and shoulder treatment using revitalizing wild lime scalp and hair oil to stimulate circulation and ease muscle tension. Designed to reduce inflammation, relieve pain, and soothe stress, this two-hour aromatic retreat will leave you feeling refreshed and relaxed.

VITAGLOW MASSAGE

60 MINUTES, \$215

This restorative massage brightens, smooths, and nourishes depleted skin. A moisturizing leave-on peel gently exfoliates, restores luminosity, and minimizes imperfections. Therapeutic oils blended with Vitamin D serum are massaged in to quench and repair the moisture barrier, provide immune support, and prevent skin damage. This treatment evens skin tone and reduces signs of aging, while bergamot, cardamom, and jasmine provide a calming aromatherapy.

IN-SYMPHONY MASSAGE

60 MINUTES, \$360

Experience the combined skills and techniques of two massage therapists working in tandem for a memorable, more elevated, mesmerizing massage. The therapists work in harmony to guide you to a place of complete serenity.

CRESCENT MOON MATERNITY MASSAGE

60 MINUTES, \$175

Lose yourself in a soothing massage using techniques adapted to the needs of pregnancy. Helps relieve discomfort, increase circulation, reduce stress, and encourage connection of mind/body. Special pillows allow you to lie safely and comfortably during your massage.

**Not available during the first trimester.*

BODY TREATMENTS

TURQUOISE SAGE MUD WRAP

60 MINUTES, \$195

Immerse yourself in the scents of the high desert air with a purifying and restoring treatment designed to promote healing and relaxation with the curative properties of organic wild sages and lavenders. A dry body brush stimulates circulation and prepares the skin to absorb the anti-inflammatory Turquoise Sage Detoxifying Desert Mud Mask, enriched with extract of arnica to soothe muscle and joint pain and reduce stiffness. Enjoy a rich, conditioning hair and scalp treatment while relaxing in the warm cocoon, then finish with a hydrating Turquoise Sage Body Butter to restore the skin's vitality, leaving you re-energized and refreshed.

ILLUMINATING BODY PEEL

60 MINUTES, \$215

A facial for the body! This full-body treatment uses natural, sugarcane based glycolic exfoliators to remove dry, dull skin, increase cell turnover, and stimulate collagen. A luxurious, rejuvenating mask is applied to replenish depleted skin with antioxidants, while nourishing clays and avocado along with an infusion of topical Vitamin D provide essential protection from environmental damage and illuminate skin from head to toe. Face and scalp are massaged with a nutrient-rich oil while the body is cocooned. Nourishing cream with earthy essences of jasmine, sage, and citrus finishes the treatment, leaving the skin revived, brighter, hydrated, and ultra-smooth.

NATIVE HERBAL WRAP

60 MINUTES, \$175

Native Americans have used herbs of the earth for centuries to promote relaxation, relieve muscle stiffness, and soothe aches and pains. Linens are warmed and soaked in an indigenous herbal infusion then wrapped around the body creating a cocoon of comfort. Feel stress and tension slip away as you enjoy a relaxing neck and scalp massage with warmed, nourishing Luminous Oil, inducing a deep sense of peace. Excellent prior to massage.

COOLING ALOE AFTER SUN RESTORE

60 MINUTES, \$175

Excellent for revitalizing dry, dehydrated skin; also highly recommended for providing instant relief from sunburn or over-exposure to the elements. Cool off in a therapeutic oatmeal bath to lower skin temperature and calm irritation. Then a soothing organic lavender mist prepares the skin for an application of pure aloe gel combined with the healing properties of lavender to fully rehydrate and nourish tender, parched skin while gently enveloped in cool linens to rebalance moisture and pH levels. A shea butter Rehydrator Lotion infused with the antioxidant properties of rose hips leaves the skin soft, restored, and protected from further damage.

CACAO SIGNATURE RENEWAL

120 MINUTES, \$395

Inspired by the discovery of cacao at Chaco Canyon, and paired with local honey, this luxurious body treatment, is the definition of "superfood" for your skin. A deep-cleansing cacao body scrub exfoliates dead cells to prepare the skin for a nutrient-dense, anti-inflammatory cacao moisture mask which helps protect and repair skin from premature aging and environmental damage. Following the luxurious body wrap, an organic honey body cream, providing intense hydration and powerful antioxidant protection quenches the skin during a full body massage. Finally, the body is spritzed with a restorative propolis toner, harvested from Taos beehives. Rich in flavonoids, amino acids, vitamins, and minerals, propolis has been used for centuries for its medicinal properties and will leave your skin soft, supple, and glowing.

MASSAGE & BODY TREATMENT ENHANCEMENTS

All enhancements are scheduled with a massage or body treatment and do not add additional time to the service. These are not offered as stand-alone treatments.

SCALP ENHANCEMENT \$30

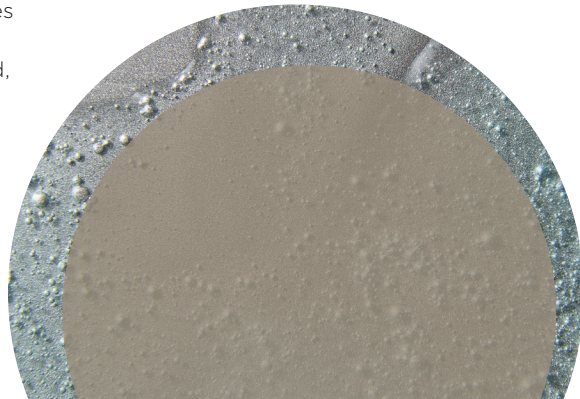
Warmed Wild Lime Revitalizing Scalp and Hair Oil stimulates circulation, promotes relaxation, and energizes the mind. Vibrant notes of lime, tangerine, and pink grapefruit are blended with nourishing avocado oil to relieve tension, ease muscle aches, and soothe stress. Do not schedule if you have recently glued-in hair extensions.

HAND ENHANCEMENT \$30

An intensely rich and hydrating aloe and shea butter cream, scented with an exotic blend of chai spice and vanilla, is applied to the hands to nourish and condition the skin. Warmed mitts encourage deep penetration of the organic aromatics and essential oils leaving your hands soft, supple, and refreshed.

FOOT ENHANCEMENT \$30

A stimulating blend of chai spice, vanilla, and luxurious mango butter balm is applied to the feet to increase circulation and soothe aching joints. Warmed mitts cocoon the feet and encourage deep penetration of the natural botanical emollients and pure essential oils. Ginger, cardamom, and clove leave you feeling uplifted and refreshed while protecting and moisturizing the skin.



HOLISTIC WELLNESS JOURNEYS

3 HOURS | \$495 EACH
AVAILABLE IN COUPLES SUITES

Each Wellness Journey begins with a contrast therapy ritual to enhance and extend its benefits.

- **5-MINUTE SAUNA** – increases circulation, lowers stress levels, and alleviates joint stiffness and muscle soreness
- **1-MINUTE COLD SHOWER** – reduces inflammation while continuing to improve circulation, lower stress levels, and diminish muscle soreness and fatigue
- **15-MINUTE WARM BATH** – includes therapeutic aromatherapy and mineral elements aligned with your journey
- **1-MINUTE COOL SHOWER** – balances body temperature
- **TEA SERVICE** – designed for your specific journey

JOURNEY TO RENEWAL

Emerge recharged and renewed, feeling stronger, yet more peaceful. This Wellness Journey is centered on aromatherapy and energy work to help heal and strengthen your body, mind, and soul.

Most beneficial if done in the morning.

Prickly Pear Mineral Salt Soak • Crystal Chakra Balancing Massage
Sound Bowl Healing • Rain Stick • Smudging

JOURNEY TO PURIFICATION

Refresh and rejuvenate with this detoxification ritual. Leaning on the therapeutic benefits of wild sage and lavender to promote healing and vitality, this Wellness Journey leaves you feeling both invigorated and relaxed.

Turquoise Sage Foaming Salt Soak
Turquoise Sage Detox Wrap • Lymphatic Massage
Rain Stick • Smudging

JOURNEY TO RELAXATION

Decrease anxiety, lower stress levels, and escape from the stresses of modern-day life. Organic healing botanicals in a soothing combination of lavender and chamomile bring about a profound state of relaxation and stillness in this Wellness Journey.

Most beneficial if done in the afternoon/evening.

Lavender & Blue Chamomile Soothing Salt Soak
Lavender & Blue Chamomile Essential Oil Massage
Guided Meditation • Rain Stick • Smudging

SKIN CARE

CHACO CUSTOM FACIAL BY NATUROPATHICA

60 MINUTES, \$175

The Signature Facial is a results-driven treatment, focusing on radiant, youthful skin. A luxurious, sculpting massage using probiotic Manuka Honey Cleansing Balm releases facial tension, improves blood flow, and nourishes the skin's microbiome. An in-depth skin analysis, powerful enzymatic exfoliation, nutritive botanical facial massage, and targeted treatment with clean cosmeceuticals to recharge your skin are customized for each facial. Excellent for all skin types.

MEN'S REBALANCING FACIAL BY NATUROPATHICA

60 MINUTES, \$175

Customized for men's skin care needs, this balancing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged or shave-irritated skin. Nourishing manuka honey, purifying pumpkin enzymes, and antioxidant-rich botanicals protect, renew, and heal the skin, allowing your inner radiance to shine through.

MOISTURE DRENCH FACIAL BY NATUROPATHICA

60 MINUTES, \$185

Nature's cure for thirsty, moisture-deprived skin, this facial immediately replenishes the skin with deeply hydrating botanical blends. Begin with sensorial pear and fig fruit enzymes to smooth and hydrate devitalized skin. A nourishing evening primrose facial massage is followed by a restorative manuka honey firming mask to leave skin radiant and protected from harsh environmental elements.

ADVANCED MICRONEEDLING FACIAL BY SKIN AUTHORITY

120 MINUTES, \$395

Experience smoother, more firm, vibrant skin with this facial that uses the most cutting-edge technology paired with Skin Authority's non-inflammatory professional glycolic exfoliation and Professional Growth Factors to improve texture, reduce hyperpigmentation, and promote elasticity. Minimally invasive microneedling—collagen induction therapy—triggers the body to produce collagen and elastin, leading to plumper, more hydrated, healthier skin while Skin Authority's professional formulations for advanced healing ensure maximum results with minimal downtime.

DERMAPLANE EXFOLIATING FACIAL BY SKIN AUTHORITY

60 MINUTES, \$185

This smoothing facial targets dull and rough skin by combining the exfoliating and brightening properties of a sugarcane based glycolic exfoliation with the manual, non-invasive removal of fine hair and peach fuzz using the DERMAFLASH device. A nourishing and hydrating mask is followed with an application of antioxidants to help restore skin's protective barrier, leaving the skin smoother, brighter, and softer.

MARSHMALLOW SOOTHING FACIAL BY NATUROPATHICA

60 MINUTES, \$185

Designed to help calm inflammation, alleviate redness, and repair the skin's barrier function, this healing and restorative facial features marshmallow extract which has been used for centuries to provide immediate relief for sensitive and sensitized skin. Blended with reparative Mediterranean microalgae, nourishing probiotics, and moisture-locking ceramides to instantly soothe irritation and restore the skin's moisture balance.

CLARIFYING FACIAL BY NATUROPATHICA

60 MINUTES, \$185

Our multi-tiered approach to acne decongests skin through exfoliation and extraction, as maximum strength salicylic acid treats blemishes and innovative botanicals tighten pores and absorb excess oil. A deeply relaxing lymphatic stimulation using brushes and cooling globes is used to promote cell renewal and draw heat from the skin. Treatment ends with a mattifying mask and moisturizer for a clear, nourished, and more vibrant complexion.

FACIAL ENHANCEMENTS

All facial enhancements are scheduled with a facial and do not add additional time to the service. These are not offered as stand-alone treatments.

DERMAFLASH \$30

DERMAFLASH removes the oldest layer of dead skin cells, built-up debris, and peach fuzz, instantly revealing smooth, radiant, camera-ready skin. It not only removes hair, it can also boost the effectiveness of skincare products. Excellent remedy for dull, lackluster appearance. Not recommended with: sunburn, some medication and/or product use, Retinol/A users, recent waxing, skin tags, raised skin conditions, or open acne sores.

LED LIGHT THERAPY \$30

LED Light Therapy can aid in restoring skin's healthy appearance. Celluma LED Light Therapy stimulates the creation of cell energy, encouraging tissue repair and regeneration, reducing inflammation, and enhancing cell performance, all of which contribute to increased production of collagen and elastin, softening of fine lines and wrinkles, improved skin tone, texture, and clarity, and reduction of acne bacteria. Excellent for all skin types.

KNESKO MASK

EYE \$25 | FULL FACE \$45

NECK & DÉCOLLETÉ \$55

FACE/NECK/DÉCOLLETÉ \$80

Knesko Masks are crafted to act as a one-way delivery system to maximize the infusion of doctor-formulated ingredients and enhance treatment results. This innovative skincare line harnesses ancient and modern products and technologies to provide transformational results. The serum's active ingredients revitalize, brighten, and hydrate your skin while the precious gemstones and minerals nourish your mind and spirit leaving you relaxed, rejuvenated, and rebalanced.

SUGGESTIONS TO ENHANCE YOUR SPA EXPERIENCE

We recommend scheduling your spa appointments prior to visiting the hotel for the greatest availability of services and appointment times. Our spa services are guaranteed with a credit card or hotel confirmation number.

The Spa at Chaco schedules both male and female providers for all services. Alternatively, please confirm with us when booking your reservation if you have a request.

Guests aged 18 and older are welcome at the Spa at Chaco. Please enter the lobby at Hotel Chaco and check in with the Hotel Front Desk to be escorted to the spa.

We invite you to check in to the spa at least 30 minutes prior to your first scheduled service in order to relax and enjoy the amenities before your treatment(s) start. Arriving late will deprive you of precious treatment time; your appointment will end as originally scheduled in order not to delay the next guest. Please shower prior to any spa service.

A robe and spa shoes are provided for use during your visit. For your comfort, undergarments may be worn during treatments. However, our therapists are highly skilled in correct draping techniques to ensure complete comfort at all times.

Because your spa services are reserved for you, we ask that you notify us 24 hours in advance should you need to cancel or change a scheduled appointment. 50% of the value of your service will be charged for cancellations and changes with less than 24 hour notice. Group reservations may require a contractual agreement.

Please inform us of any special needs that require extra attention. Health experts recommend one heat treatment per day. If you are pregnant or have any medical conditions, certain services are not recommended. Alcohol is not recommended before, during, or immediately following spa services.

Please turn off cellular phones while at the spa. Smoking is not permitted.

Please remove jewelry prior to visiting the spa. The spa is not responsible for any lost items.

For your convenience, a suggested 20% gratuity will be added to all spa services. Gratuity amount may be modified at your discretion.

Prices and services are subject to change without notice.



LIKE
NO
OTHER



SPA
AT CHACO

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